**Pumpkin Muffins**

(8-12 Muffins)

1 3/4 c. flour

1 tsp. baking soda

3/4 tsp. salt

1/2 tsp. cinnamon

1/2 tsp. nutmeg

1 1/2 c. sugar

1/2 c. oil

2 eggs

1/2 c. water

1 c. pumpkin

1. Preheat oven to 350°F degrees.

2. Prepare muffin tins with liners

3. Sift together flour, baking soda, salt, and spices

4. In the bowl of mixer cream together sugar and oil. Add eggs and continue mixing. Add water and pumpkin and mix until well blended

5. Add dry ingredients to the pumpkin mixture slowly mixing well, scoop into muffin cups filling 3/4 full.

6.Bake at 350°F for 20-30 minutes or until toothpick inserted in center comes out clean

Variations: This recipe can be made in a loaf pan as Pumpkin Bread. It will make one large loaf or 3 small ones.

Try adding raisins or walnuts, just stir in before baking